## Media Release



## June 19 Community Bike Exchange: get a free bike! June 4, 2021 - For immediate release

Originally scheduled for June 12, the Community Bike Exchange has been postponed to Saturday June 19, 2021.

Get ready to ride this summer thanks to the annual Community Bike Exchange, an event created to help make sure everyone has a bike to ride this summer. Dozens of bicycles of various sizes have been donated by community members. Volunteers have conducted a safety inspection on each bike, and repaired them with what they need to be road ready. Donated bikes are now ready for new homes and will be given out on a first come first served basis. Dedicated time slots will be given on arrival. All bikes are free—there is no need to give a bike to receive a bike.

"Biking can be a great way to get around, be active, and be kind to the environment. It's an affordable means of transportation and it's fun!" says Erika Aelterman, coordinator of the exchange. "Bicycles can be hard to come by whether it is because of supply or cost. This event helps recycle bicycles that would have maybe ended up at the dump. Many of the bikes we receive are in great condition and we have some available for the whole family."

The Bike Exchange will take place at the New Liskeard Agricultural Research Station (the old horse barn next to the OPP station) on Saturday June 19 from 10:00am – 2:00pm. COVID-19 safety protocols will be in place. This community event is made possible with the help of volunteers, and community partners including the City of Temiskaming Shores, New Liskeard Agricultural Research Station, and Centre de sante communautaire du Timiskaming. Financial support was provided by the Temiskaming Foundation's For Kids Sake Fund, The Alexa Corneil Fund, Rotary Club of Temiskaming Shores, REMAX Pursuit Realty, and 100 Women Who Care Temiskaming Shores and More.

The Bike Exchange is one of many Bike Month initiatives being promoted by Temiskaming Shores' Bicycle Friendly Community Committee, which works to make Temiskaming Shores a great place to walk and cycle. "The City of Temiskaming Shores is a proud partner of the upcoming Community Bike Exchange." Says Mathew Bahm, Director of Recreation. "We are looking forward to seeing everyone out cycling on their new bicycles very soon!"

More information about the Bike Exchange and other Bike Month activities in Timiskaming can be found on Timiskaming Health Unit's Facebook page or by contacting the health unit at 705 647-4305, ext. 2253.

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